

What is RhinoShapeSM Rhinoplasty?

RhinoShapeSM Rhinoplasty, commonly known as a “nose job,” is a very popular procedure that can make a significant difference not only in the balance of facial features, but also in a person’s self-esteem. The aesthetic improvements include decreasing or increasing the size of the nose, altering the tip or bridge of the nose, and narrowing or changing the shape of the nostrils.

Am I a good candidate for RhinoShapeSM?

There are typically two categories of RhinoShapeSM candidates: those who seek rhinoplasty for cosmetic reasons, and those who need one to allow their noses to function properly. Cosmetic nose rhinoplasty is a good choice for anyone who finds the shape of their nose unpleasing to look at in some significant way: too large, too small, too bent, too hooked, or anything else. Just small changes in the shape and position of the nose can create a more aesthetically pleasing, balanced look. For those who have had a broken nose or were born with nostrils too narrow for normal breathing, a rhinoplasty may restore natural nose function.

Like many non-vital surgical procedures, a cosmetic nose job is best left until after the patient has reached physical maturity. Since the body and the face are continuously changing shape throughout the teen years, a rhinoplasty performed before age 18 or so may cause the nose to grow improperly or redevelop the negative characteristics that were originally corrected.

What can I expect?

Surgery is performed using general anesthesia and typically takes between 1 and 3 hours (facility and anesthesia fees will apply). There are two alternate methods used in RhinoShapeSM surgery: open or closed rhinoplasty. These two types of surgeries differ in only one respect: open rhinoplasty involves a small cut in the skin of the columella (the strip between the nostrils), whereas the closed rhinoplasty does not. This incision allows the surgeon to separate the skin from the bone and cartilage of the nose more easily, but also creates a very small, nearly unnoticeable scar. Since closed rhinoplasty uses incisions only inside the nose, no visible scarring results at all. As each nose is different, your surgeon will choose the method that will create the best results for you.

How much time is needed to recover from RhinoShapeSM Rhinoplasty?

Most patients can resume regular activities within 2 weeks of surgery. It is common to experience mild to moderate discomfort for a few days. This can usually be managed using normal analgesics.

Some people experience no bruising after surgery, while others have very noticeable dark marks all around the eyes. These result from internal bleeding, which is sometimes unavoidable in an invasive procedure like RhinoShapeSM. Since the bruises usually fade away by the tenth day and most patients spend a week or so recovering from the RhinoShapeSM surgery, they are not considered a major complication and should not interfere with regular activities once a normal lifestyle is resumed.

Since RhinoShapeSM involves altering tissue throughout the nose and the area around it, significant swelling often results. This swelling is a natural sign that the body is healing and restoring itself to order after the surgery. Major swelling should be gone within a week or two, but some very minor swelling will remain for up to a year.

Exercise and strenuous activities should not be conducted for at least 4 weeks after surgery.

Is there scarring after a nose job?

Yes, there is scarring after RhinoShapeSM, but most people will not be able to see it. Closed rhinoplasty creates an incision on the inside of the nostrils, where the scars will be completely hidden. The less-common open-rhinoplasty procedure creates one small incision in the skin separating the two nostrils. This cut usually heals very well, leaving behind only a very fine scar that most people will not notice.