

### What is a Reveal<sup>SM</sup> Neck Lift?

Reveal<sup>SM</sup> Neck Lift, or platysmaplasty, removes excess skin and fatty tissue from the neck and tightens neck muscles to redefine the jaw line and create a younger, firmer looking facial appearance. Reveal<sup>SM</sup> Neck Lift may be enhanced with liposuction and Botox<sup>®</sup>.

### Am I a good candidate for Reveal<sup>SM</sup> Neck Lift surgery?

Good candidates for Reveal<sup>SM</sup> Neck Lift surgery include patients with sagging neck skin or neck folds. The procedure is most effective for patients whose skin still has some elasticity, usually those in their forties to sixties; however, neck lifts can also be performed on patients in their seventies and eighties.

### What can I expect?

Reveal<sup>SM</sup> Neck Lift surgery is performed under general anesthesia and takes approximately 1.5 hour to complete. Surgery can be done through an incision under the chin or through minimal incisions hidden behind the ears. When performed at the same time as the Reveal<sup>SM</sup> Neck Lift, the neck skin is lifted and re-draped over the tightened neck muscles. When Reveal<sup>SM</sup> Neck Lift is performed separately from other procedures, the neck muscle is tightened through behind-the-ear incisions, and the excess skin is removed.

### What is the recovery period?

After Reveal<sup>SM</sup> Neck Lift surgery, it's common to experience temporary swelling, discomfort, bruising and soreness for several days. Patients are advised to keep their head still and avoid turning or twisting for 2 to 5 days after surgery. Most patients return to work within 7 to 10 days. Exercise and strenuous activity should be avoided for 4 weeks following surgery.

### What are the risks associated with Reveal<sup>SM</sup> Neck Lift?

Reveal<sup>SM</sup> Neck Lift complications may include issues that are common potential problems for all surgery: bleeding, infection, hematoma, adverse reactions to anesthesia and scarring. Though rare, skin and nerve damage are also risks to consider.

### What type of scarring should I expect?

Reveal<sup>SM</sup> Neck Lift scarring is well-hidden behind the ears and under the chin.